

County Health Rankings® – 2017 – Summary for Aroostook County
Rankings produced by Robert Wood Johnson Foundation and University of Wisconsin

Measure	Data Years	Aroostook County			Comparisons		
		Rank* (1-16)	Rate	Error Margin	Maine	Best ME County	Top U.S. Performers*
Health Outcomes		15					
Length of Life: 50% weight in health outcomes ranking		14					
Premature Death (years of potential life lost before age 75 (per 100,000 pop))	'12-'14		7522	6700–8343	6400	5100	5200
Quality of Life: 50% weight in health outcomes ranking		16					
Poor or Fair Health (% adults)*	2015		17%	16.4–17.5%	15%	10%	12%
Poor Physical Health Days (mean # days in past 30)	2015		4.1	3.9–4.3	3.8	2.9	3.0
Poor Mental Health Days (mean # days in past 30)	2015		3.8	3.6–3.9	4.0	3.4	3.0
Live Births with Low Birth weight (% <2500 grams)	'08-'12		7.5%	6.8–8.3%	6.7%	5.6%	6.0%
Health Factors		12					
Health Behaviors: 30% weight in health factors ranking		15					
Current Smokers (% adults)*	2015		20%	19.4–20.8%	19%	13%	14%
Diet and Exercise:							
Adults with Obesity (% Body Mass Index ≥30)*	2013		34%	31.7–36.7%	28%	23%	26%
Healthy Food Environment Index (0 (worst) to 10 (best))	2014		6.9		7.4	7.9	8.4
No Physical Activity in Past 30 days† (% ages 20+)*	2013		27%	25.2–29.5%	20%	15%	19%
Access to Exercise Opportunities (% population)	'10,'14		43%		68%	84%	91%
Alcohol and Drug Use:							
Excessive Drinking in Past 30 Days (% adults)*	2014		16%	15.0–16.3%	20%	15%	12%
Alcohol-Impaired Driving Deaths (% deaths)	'11-'15		35%	28.2–42.1%	40%	0%	13%
High Risk Sexual Behavior:							
Newly Diagnosed Chlamydia Cases (# per 100,000 pop)	2014		160		265.8	129.0	145.5
Teen Birth Rate (per 1,000 females ages 15–19)	'08-'14		24	21–26	21	12	17
Clinical Care: 20% weight in health factors ranking		12					
Access to Care:							
Uninsured Adults (% ages <65)	2014		15%	13–16%	12%	10%	8%
Ratio of Population to Primary Care Physicians	2014		1177:1		900:1	630:1	1040:1
Ratio of Population to Dentists	2015		1961:1		1690:1	1160:1	1320:1
Ratio of Population to Mental Health Providers	2016		208:1		240:1	160:1	360:1
Quality of Care (for Medicare Enrollees):							
Preventable Hospital Stays (per 1,000 enrollees)	2014		61	57–66	47	34	36
Diabetic Monitoring (% diabetics who had HbA1c tested)	2014		89%	85–94%	89%	92%	91%
Mammography (% females ages 67–69)	2014		75%	70–81%	69%	75%	71%
Socio-Economic Factors: 40% weight in factors ranking		12					
Education:							
Ninth Graders who graduate in 4 years (%)	'14-'15		89%		87%	91%	95%
Some Post-Secondary Education (% ages 25–44)	'11-'15		61%	58–65%	65%	75%	72%
Unemployment (% ages 16+)	2015		6.0%		4.4%	3.4%	3.3%
Income:							
Children in Poverty (% ages <18)	2015		22%	17–27%	18%	11%	12%
Income Inequality (gap between lower/upper income)	'11-'15		4.8		4.6	4.0	3.7
Family & Social Support:							
Children in Single-Parent Households (% ages <18)	'11-'15		32%	28–37%	33%	28%	21%
Social (Membership) Associations (per 10,000 pop)	2014		12.0		11.2	14.9	22.1
Community Safety:							
Violent Crimes (# per 100,000 pop)	'12-'14		85		127	48	62
Injury Deaths (# per 100,000 pop)	'11-'15		77	68–86	70	60	53
Physical Environment: 10% weight in factors ranking		5					
Air and Water Quality:							
Daily Air Pollution (avg fine particulate matter density)	2012		6.8		7.4	6.5	6.7
Drinking Water Safety (1+ violations)	FY13/14		Yes		N/A	N/A	N/A
Housing and Transit:							
Severe Housing Problems (% households)	'09-'13		13%	12–15%	16%	13%	9%
Driving Alone to Work (% workforce)	'11-'15		79%	77–81%	78%	70%	72%
Commute 30+ Minutes (% workers who drive alone)	'11-'15		18%	16–19%	31%	18%	15%

* Ranking of Maine counties: 1 (Highest) to 16 (Lowest).

† Self-reported.

* Only 10% of counties throughout the US had better rates.

County Health Rankings® – 2014 vs. 2017 – Summary for Aroostook County
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Measure	Aroostook County 2017				Comparison - 2014 Rankings			
	Data Years	Rank* (1-16)	Rate	Error Margin	Data Years	Rank* (1-16)	Rate	Error Margin
Health Outcomes		15				13		
Length of Life: 50% weight in health outcomes ranking		14				11		
Premature Death (years of potential life lost before age 75 (per 100,000 pop))	'12-'14		7522	6700–8343	'08-'10		6810	6082–7537
Quality of Life: 50% weight in health outcomes ranking		16				12		
Poor or Fair Health (% adults)*	2015		17%	16.4–17.5%				<i>Changed how rate was estimated</i>
Poor Physical Health Days (mean # days in past 30)	2015		4.1	3.9–4.3				<i>Changed how rate was estimated</i>
Poor Mental Health Days (mean # days in past 30)	2015		3.8	3.6–3.9				<i>Changed how rate was estimated</i>
Live Births with Low Birth weight (% <2500 grams)	'08-'12		7.5%	6.8–8.3%	'05-'11		6.5%	5.8–7.2%
Health Factors		12				11		
Health Behaviors: 30% weight in health factors ranking		15				14		
Current Smokers (% adults)*	2015		20%	19.4–20.8%				<i>Changed how rate was estimated</i>
Diet and Exercise:								
Adults with Obesity (% Body Mass Index ≥30)*	2013		34%	31.7–36.7%	2010		33%	30.5–35.2%
Healthy Food Environment Index (0 (worst) to 10 (best))	2014		6.9		2011		7.5	
No Physical Activity in Past 30 days (% ages 20+)*	2013		27%	25.2–29.5%	2010		31%	28.6–33.3%
Access to Exercise Opportunities (% population)	'10,'14		43%		'10,'12		48%	
Alcohol and Drug Use:								
Excessive Drinking in Past 30 Days (% adults)*	2014		16%	15.0–16.3%				<i>Changed how rate was estimated</i>
Alcohol-Impaired Driving Deaths (% deaths)	'11-'15		35%	28.2–42.1%	'08-'12		26%	
High Risk Sexual Behavior:								
Newly Diagnosed Chlamydia Cases (# per 100,000 pop)	2014		160		2011		167	
Teen Birth Rate (per 1,000 females ages 15–19)	'08-'14		24	21–26	'05-'11		28	26–31
Clinical Care: 20% weight in health factors ranking		12				15		
Access to Care:								
Uninsured Adults (% ages <65)	2014		15%	13–16%	2011		15%	14–17%
Ratio of Population to Primary Care Physicians	2014		1177:1		2011		1153:1	
Ratio of Population to Dentists	2015		1961:1		2012		2215:1	
Ratio of Population to Mental Health Providers	2016		208:1					<i>Data unavailable due to error</i>
Quality of Care (for Medicare Enrollees):								
Preventable Hospital Stays (per 1,000 enrollees)	2014		61	57–66	2011		84	79–89
Diabetic Monitoring (% diabetics who had HbA1c tested)	2014		89%	85–94%	2011		89%	85–94%
Mammography (% females ages 67–69)	2014		75%	70–81%	2011		76%	70–81%
Socio-Economic Factors: 40% weight in factors ranking		12				9		
Education:								
Ninth Graders who graduate in 4 years (%)	'14-'15		89%		'10-'11		86%	
Some Post-Secondary Education (% ages 25–44)	'11-'15		61%	58–65%	'08-'12		60%	56–63%
Unemployment (% ages 16+)	2015		6.0%		2012		9.2%	
Income:								
Children in Poverty (% ages <18)	2015		22%	17–27%	2012		24%	19–29%
Income Inequality (gap between lower/upper income)	'11-'15		4.8					<i>Not included until 2015</i>
Family & Social Support:								
Children in Single-Parent Households (% ages <18)	'11-'15		32%	28–37%	'08-'12		32%	28–35%
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Community Safety:								
Violent Crimes (# per 100,000 pop)	'12-'14		85		'09-'11		72	
Injury Deaths (# per 100,000 pop)	'11-'15		77	68–86	'06-'10		61	53–69
Physical Environment: 10% weight in factors ranking		5				12		
Air and Water Quality:								
Daily Air Pollution (avg fine particulate matter density)	2012		6.8		2011		10.4	
Drinking Water Safety (1+ violations)	FY13/14		Yes					<i>Metric changed</i>
Housing and Transit:								
Severe Housing Problems (% households)	'09-'13		13%	12–15%	'06-'10		12%	11–13%
Driving Alone to Work (% workforce)	'11-'15		79%	77–81%	'08-'12		79%	78–81%
Commute 30+ Minutes (% workers who drive alone)	'11-'15		18%	16–19%	'08-'12		17%	15–18%

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