County Health Rankings© – 2017 – Summary for Cumberland County
Rankings produced by Robert Wood Johnson Foundation and University of Wisconsin

Measure	Data Years	Cumberland County			Comparisons		
		Rank¥ (1-16)	Rate	Error Margin	Maine	Best ME County	Top U.S. Performers*
Health Outcomes		*1*					
Length of Life: 50% weight in health outcomes ranking		*1*					
Premature Death (years of potential life lost before age 75 (per 100,000 pop)	'12–'14		5076	4772–5380	6400	5076	5200
Quality of Life: 50% weight in health outcomes ranking		*2*					
Poor or Fair Health (% adults)*	2015		10%	9.4–10.0%	15%	10%	12%
Poor Physical Health Days (mean # days in past 30)	2015		2.9	2.8–3.0	3.8	2.9	3.0
Poor Mental Health Days (mean # days in past 30)	2015		3.6	3.4–3.7	4.0	3.4	3.0
Live Births with Low Birth weight (% <2500 grams)	'08–'12		6.6%	6.2–6.9%	6.7%	5.6%	6.0%
Health Factors		*1*					
Health Behaviors: 30% weight in health factors ranking		*2*					
Current Smokers (% adults)*	2015		13%	12.6–13.4%	19%	13%	14%
Diet and Exercise:							
Adults with Obesity (% Body Mass Index ≥30)*	2013		23%	21.4–23.9	28%	23%	26%
Healthy Food Environment Index (0 (worst) to 10 (best))	2014		7.5		7.4	7.9	8.4
No Physical Activity in Past 30 days† (% ages 20+)*	2013		15%	14.2–16.2%	20%	15%	19%
Access to Exercise Opportunities (% population)	'10,'14		84%		68%	84%	91%
Alcohol and Drug Use:							
Excessive Drinking in Past 30 Days (% adults)*	2014		22%	21.6–22.8%	20%	15%	12%
Alcohol-Impaired Driving Deaths (% deaths)	'11–'15		37%	31.1–42.8%	40%	0%	13%
High Risk Sexual Behavior:							
Newly Diagnosed Chlamydia Cases (# per 100,000 pop)	2014		290		265.8	129.0	145.5
Teen Birth Rate (per 1,000 females ages 15–19)	'08–'14		12	11–13	21	12	17
Clinical Care: 20% weight in health factors ranking		*1*					
Access to Care:							
Uninsured Adults (% ages <65)	2014		10%	10–11%	12%	10%	8%
Ratio of Population to Primary Care Physicians	2014		633:1		900:1	630:1	1040:1
Ratio of Population to Dentists	2015		1165:1		1690:1	1160:1	1320:1
Ratio of Population to Mental Health Providers	2016		160:1		240:1	160:1	360:1
Quality of Care (for Medicare Enrollees):							
Preventable Hospital Stays (per 1,000 enrollees)	2014		34	32–36	47	34	36
Diabetic Monitoring (% diabetics who had HbA1c tested)	2014		89%	85–93%	89%	92%	91%
Mammography (% females ages 67–69)	2014		69%	65–72%	69%	75%	71%
Socio-Economic Factors: 40% weight in factors ranking		*1*					
Education:							
Ninth Graders who graduate in 4 years (%)	'14–'15		91%		87%	91%	95%
Some Post-Secondary Education (% ages 25–44)	'11–'15		75%	72–77%	65%	75%	72%
Unemployment (% ages 16+)	2015		3.4%		4.4%	3.4%	3.3%
Income:							
Children in Poverty (% ages <18)	2015		12%	10–15%	18%	11%	12%
Income Inequality (gap between lower/upper income)	'11–'15		4.7		4.6	4.0	3.7
Family & Social Support:							
Children in Single-Parent Households (% ages <18)	'11–'15		31%	28–33%	33%	28%	21%
Social (Membership) Associations (per 10,000 pop)	2014		12.8		11.2	14.9	22.1
Community Safety:							
Violent Crimes (# per 100,000 pop)	'12–'14		131		127	48	62
Injury Deaths (# per 100,000 pop)	'11–'15		62	58–67	70	60	53
Physical Environment: 10% weight in factors ranking		*15*					
Air and Water Quality:							
Daily Air Pollution (avg fine particulate matter density)	2012		8.6		7.4	6.5	6.7
Drinking Water Safety (1+ violations)	FY13/14		Yes		N/A	N/A	N/A
Housing and Transit:							
Severe Housing Problems (% households)	'09–'13		17%	16–18%	16%	13%	9%
Driving Alone to Work (% workforce)	'11–'15		77%	76–78%	78%	70%	72%
Commute 30+ Minutes (% workers who drive alone)	'11–'15		27%	26–28%	31%	18%	15%

¥ Ranking of Maine counties: 1 (*Highest*) to 16 (*Lowest*).   †Self-reported.   *Only 10% of counties throughout the US had better rates.

County Health Rankings© – 2014 vs. 2017 – Summary for Cumberland County
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Measure	Cumberland County 2017				Comparison - 2014 Rankings			
	Data Years	Rank¥ (1-16)	Rate	Error Margin	Data Years	Rank¥ (1-16)	Rate	Error Margin
Health Outcomes		*1*				*3*		
Length of Life: 50% weight in health outcomes ranking		*1*				*3*		
Premature Death (years of potential life lost before age 75 (per 100,000 pop)	'12–'14		5076	4772–5380	'08–'10		5355	5045–5665
Quality of Life: 50% weight in health outcomes ranking		*2*				*2*		
Poor or Fair Health (% adults)*	2015		10%	9.4–10.0%		*Changed how rate was estimated*		
Poor Physical Health Days (mean # days in past 30)	2015		2.9	2.8–3.0		*Changed how rate was estimated*		
Poor Mental Health Days (mean # days in past 30)	2015		3.6	3.4–3.7		*Changed how rate was estimated*		
Live Births with Low Birth weight (% <2500 grams)	'08–'12		6.6%	6.2–6.9%	'05–'11		6.5%	6.2–6.8%
Health Factors		*1*				*1*		
Health Behaviors: 30% weight in health factors ranking		*2*				*1*		
Current Smokers (% adults)*	2015		13%	12.6–13.4%		*Changed how rate was estimated*		
Diet and Exercise:								
Adults with Obesity (% Body Mass Index ≥30)*	2013		23%	21.4–23.9%	2010		22%	20.7–23.3%
Healthy Food Environment Index (0 (worst) to 10 (best))	2014		7.5		2011		8.0	
No Physical Activity in Past 30 days (% ages 20+)*	2013		15%	14.2–16.2%	2010		16%	15.2–17.4%
Access to Exercise Opportunities (% population)	'10,'14		84%		'10,'12		75%	
Alcohol and Drug Use:								
Excessive Drinking in Past 30 Days (% adults)*	2014		22%	21.6–22.8%		*Changed how rate was estimated*		
Alcohol-Impaired Driving Deaths (% deaths)	'11–'15		37%	31.1–42.8%	'08–'12		28%	
High Risk Sexual Behavior:								
Newly Diagnosed Chlamydia Cases (# per 100,000 pop)	2014		290		2011		265	
Teen Birth Rate (per 1,000 females ages 15–19)	'08–'14		12	11–13	'05–'11		15	14–16
Clinical Care: 20% weight in health factors ranking		*1*				*1*		
Access to Care:								
Uninsured Adults (% ages <65)	2014		10%	10–11%	2011		11%	10–13%
Ratio of Population to Primary Care Physicians	2014		633:1		2011		642:1	
Ratio of Population to Dentists	2015		1165:1		2012		1256:1	
Ratio of Population to Mental Health Providers	2016		160:1			*Data unavailable due to error*		
Quality of Care (for Medicare Enrollees):								
Preventable Hospital Stays (per 1,000 enrollees)	2014		34	32–36	2011		48	45–50
Diabetic Monitoring (% diabetics who had HbA1c tested)	2014		89%	85–93%	2011		88%	85–92%
Mammography (% females ages 67–69)	2014		69%	65–72%	2011		70%	66–73%
Socio-Economic Factors: 40% weight in factors ranking		*1*				*1*		
Education:								
Ninth Graders who graduate in 4 years (%)	'14–'15		91%		'10–'11		87%	
Some Post-Secondary Education (% ages 25–44)	'11–'15		75%	72–77%	'08–'12		73%	70–75%
Unemployment (% ages 16+)	2015		3.4%		2012		5.8%	
Income:								
Children in Poverty (% ages <18)	2015		12%	10–15%	2012		15%	12–18%
Income Inequality (gap between lower/upper income)	'11–'15		4.7			*Not included until 2015*		
Family & Social Support:								
Children in Single-Parent Households (% ages <18)	'11–'15		31%	28–33%	'08–'12		31%	28–34%
Social (Membership) Associations (per 10,000 pop)	2014		12.8			*Not included until 2015*		
Community Safety:								
Violent Crimes (# per 100,000 pop)	'12–'14		131		'09–'11		155	
Injury Deaths (# per 100,000 pop)	'11–'15		62	58–67	'06–'10		55	51–59
Physical Environment: 10% weight in factors ranking		*15*				*9*		
Air and Water Quality:								
Daily Air Pollution (avg fine particulate matter density)	2012		8.6		2011		10.3	
Drinking Water Safety (1+ violations)	FY13/14		Yes			*Metric changed*		
Housing and Transit:								
Severe Housing Problems (% households)	'09–'13		17%	16–18%	'06–'10		16%	15–17%
Driving Alone to Work (% workforce)	'11–'15		77%	76–78%	'08–'12		78%	77–78%
Commute 30+ Minutes (% workers who drive alone)	'11–'15		27%	26–28%	'08–'12		28%	27–29%

¥ Ranking of Maine counties: 1 (Highest) to 16 (Lowest)   *Self-reported