County Health Rankings© – 2017 – Summary for Penobscot County
Rankings produced by Robert Wood Johnson Foundation and University of Wisconsin

Measure	Data Years	Penobscot County Rank¥ (1-16)	Rate	Error Margin	Maine	Best ME County	Top U.S. Performers*
Health Outcomes		*11*					
Length of Life: 50% weight in health outcomes ranking		*8*					
Premature Death (years of potential life lost before age 75 (per 100,000 pop)	'12–'14		7064	6560–7568	6400	5100	5200
Quality of Life: 50% weight in health outcomes ranking		*10*					
Poor or Fair Health (% adults)*	2015		14%	13.4–14.3%	15%	10%	12%
Poor Physical Health Days (mean # days in past 30)	2015		4.0	3.8–4.1	3.8	2.9	3.0
Poor Mental Health Days (mean # days in past 30)	2015		3.8	3.7–4.0	4.0	3.4	3.0
Live Births with Low Birth weight (% <2500 grams)	'08–'12		6.8%	6.4–7.3%	6.7%	5.6%	6.0%
Health Factors		*9*					
Health Behaviors: 30% weight in health factors ranking		*11*					
Current Smokers (% adults)*	2015		18%	16.9–18.1%	19%	13%	14%
Diet and Exercise:							
Adults with Obesity (% Body Mass Index ≥30)*	2013		30%	28.4–32.2%	28%	23%	26%
Healthy Food Environment Index (0 (worst) to 10 (best))	2014		6.9		7.4	7.9	8.4
No Physical Activity in Past 30 days† (% ages 20+)*	2013		23%	21.2–24.3%	20%	15%	19%
Access to Exercise Opportunities (% population)	'10,'14		58%		68%	84%	91%
Alcohol and Drug Use:							
Excessive Drinking in Past 30 Days (% adults)*	2014		19%	18.3–19.6%	20%	15%	12%
Alcohol-Impaired Driving Deaths (% deaths)	'11–'15		41%	35.6–45.6%	40%	0%	13%
High Risk Sexual Behavior:							
Newly Diagnosed Chlamydia Cases (# per 100,000 pop)	2014		350		265.8	129.0	145.5
Teen Birth Rate (per 1,000 females ages 15–19)	'08–'14		19	18–20	21	12	17
Clinical Care: 20% weight in health factors ranking		*11*					
Access to Care:							
Uninsured Adults (% ages <65)	2014		14%	13–16%	12%	10%	8%
Ratio of Population to Primary Care Physicians	2014		763:1		900:1	630:1	1040:1
Ratio of Population to Dentists	2015		1376:1		1690:1	1160:1	1320:1
Ratio of Population to Mental Health Providers	2016		215:1		240:1	160:1	360:1
Quality of Care (for Medicare Enrollees):							
Preventable Hospital Stays (per 1,000 enrollees)	2014		63	60–67	47	34	36
Diabetic Monitoring (% diabetics who had HbA1c tested)	2014		88%	84–92%	89%	92%	91%
Mammography (% females ages 67–69)	2014		69%	65–74%	69%	75%	71%
Socio-Economic Factors: 40% weight in factors ranking		*4*					
Education:							
Ninth Graders who graduate in 4 years (%)	'14–'15		88%		87%	91%	95%
Some Post-Secondary Education (% ages 25–44)	'11–'15		66%	63–69%	65%	75%	72%
Unemployment (% ages 16+)	2015		4.8%		4.4%	3.4%	3.3%
Income:							
Children in Poverty (% ages <18)	2015		19%	15–23%	18%	11%	12%
Income Inequality (gap between lower/upper income)	'11–'15		4.7		4.6	4.0	3.7
Family & Social Support:							
Children in Single-Parent Households (% ages <18)	'11–'15		33%	29–36%	33%	28%	21%
Social (Membership) Associations (per 10,000 pop)	2014		10.7		11.2	14.9	22.1
Community Safety:							
Violent Crimes (# per 100,000 pop)	'12–'14		86		127	48	62
Injury Deaths (# per 100,000 pop)	'11–'15		65	59–71	70	60	53
Physical Environment: 10% weight in factors ranking		*8*					
Air and Water Quality:							
Daily Air Pollution (avg fine particulate matter density)	2012		7.3		7.4	6.5	6.7
Drinking Water Safety (1+ violations)	FY13/14		Yes		N/A	N/A	N/A
Housing and Transit:							
Severe Housing Problems (% households)	'09–'13		16%	15–17%	16%	13%	9%
Driving Alone to Work (% workforce)	'11–'15		80%	79–81%	78%	70%	72%
Commute 30+ Minutes (% workers who drive alone)	'11–'15		25%	24–27%	31%	18%	15%

¥ Ranking of Maine counties: 1 (*Highest*) to 16 (*Lowest*).   †Self-reported.   *Only 10% of counties throughout the US had better rates.

County Health Rankings© – 2014 vs. 2017 – Summary for Penobscot County
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Measure	Penobscot County 2017				Comparison - 2014 Rankings			
	Data Years	Rank¥ (1-16)	Rate	Error Margin	Data Years	Rank¥ (1-16)	Rate	Error Margin
Health Outcomes		*11*				*11*		
Length of Life: 50% weight in health outcomes ranking		*8*				*10*		
Premature Death (years of potential life lost before age 75 (per 100,000 pop)	'12–'14		7064	6560–7568	'08–'10		6500	6050–6950
Quality of Life: 50% weight in health outcomes ranking		*10*				*11*		
Poor or Fair Health (% adults)*	2015		14%	13.4–14.3%			*Changed how rate was estimated*	
Poor Physical Health Days (mean # days in past 30)	2015		4.0	3.8–4.1			*Changed how rate was estimated*	
Poor Mental Health Days (mean # days in past 30)	2015		3.8	3.7–4.0			*Changed how rate was estimated*	
Live Births with Low Birth weight (% <2500 grams)	'08–'12		6.8%	6.4–7.3%	'05–'11		6.6%	6.1–7.0%
Health Factors		*9*				*8*		
Health Behaviors: 30% weight in health factors ranking		*11*				*11*		
Current Smokers (% adults)*	2015		18%	16.9–18.1%			*Changed how rate was estimated*	
Diet and Exercise:								
Adults with Obesity (% Body Mass Index ≥30)*	2013		30%	28.4–32.2%	2010		31%	29.3–33.1%
Healthy Food Environment Index (0 (worst) to 10 (best))	2014		6.9		2011		7.4	
No Physical Activity in Past 30 days (% ages 20+)*	2013		23%	21.2–24.3%	2010		26%	24.4–27.8%
Access to Exercise Opportunities (% population)	'10,'14		58%		'10,'12		44%	
Alcohol and Drug Use:								
Excessive Drinking in Past 30 Days (% adults)*	2014		19%	18.3–19.6%			*Changed how rate was estimated*	
Alcohol-Impaired Driving Deaths (% deaths)	'11–'15		41%	35.6–45.6%	'08–'12		36%	
High Risk Sexual Behavior:								
Newly Diagnosed Chlamydia Cases (# per 100,000 pop)	2014		350		2011		187	
Teen Birth Rate (per 1,000 females ages 15–19)	'08–'14		19	18–20	'05–'11		22	20–23
Clinical Care: 20% weight in health factors ranking		*11*				*8*		
Access to Care:								
Uninsured Adults (% ages <65)	2014		14%	13–16%	2011		14%	13–15%
Ratio of Population to Primary Care Physicians	2014		763:1		2011		864:1	
Ratio of Population to Dentists	2015		1376:1		2012		1450:1	
Ratio of Population to Mental Health Providers	2016		215:1				*Data unavailable due to error*	
Quality of Care (for Medicare Enrollees):								
Preventable Hospital Stays (per 1,000 enrollees)	2014		63	60–67	2011		84	80–89
Diabetic Monitoring (% diabetics who had HbA1c tested)	2014		88%	84–92%	2011		89%	85–93%
Mammography (% females ages 67–69)	2014		69%	65–74%	2011		74%	69–78%
Socio-Economic Factors: 40% weight in factors ranking		*4*				*4*		
Education:								
Ninth Graders who graduate in 4 years (%)	'14–'15		88%		'10–'11		82%	
Some Post-Secondary Education (% ages 25–44)	'11–'15		66%	63–69%	'08–'12		63%	60–66%
Unemployment (% ages 16+)	2015		4.8%		2012		7.8%	
Income:								
Children in Poverty (% ages <18)	2015		19%	15–23%	2012		22%	17–26%
Income Inequality (gap between lower/upper income)	'11–'15		4.7				*Not included until 2015*	
Family & Social Support:								
Children in Single-Parent Households (% ages <18)	'11–'15		33%	29–36%	'08–'12		30%	27–33%
Social (Membership) Associations (per 10,000 pop)	2014		10.7				*Not included until 2015*	
Community Safety:								
Violent Crimes (# per 100,000 pop)	'12–'14		86		'09–'11		77	
Injury Deaths (# per 100,000 pop)	'11–'15		65	59–71	'06–'10		57	52–63
Physical Environment: 10% weight in factors ranking		*8*				*10*		
Air and Water Quality:								
Daily Air Pollution (avg fine particulate matter density)	2012		7.3		2011		10.2	
Drinking Water Safety (1+ violations)	FY13/14		Yes				*Metric changed*	
Housing and Transit:								
Severe Housing Problems (% households)	'09–'13		16%	15–17%	'06–'10		15%	14–17%
Driving Alone to Work (% workforce)	'11–'15		80%	79–81%	'08–'12		80%	78–81%
Commute 30+ Minutes (% workers who drive alone)	'11–'15		25%	24–27%	'08–'12		25%	24–26%

¥ Ranking of Maine counties: 1 (Highest) to 16 (Lowest)   *Self-reported