

County Health Rankings® – 2017 – Summary for Somerset County
Rankings produced by Robert Wood Johnson Foundation and University of Wisconsin

Measure	Data Years	Somerset County			Comparisons		
		Rank* (1-16)	Rate	Error Margin	Maine	Best ME County	Top U.S. Performers*
Health Outcomes		12					
Length of Life: 50% weight in health outcomes ranking		12					
Premature Death (years of potential life lost before age 75 (per 100,000 pop))	'12-'14		7146	6268-8025	6400	5100	5200
Quality of Life: 50% weight in health outcomes ranking		13					
Poor or Fair Health (% adults)*	2015		16%	15.1-16.3%	15%	10%	12%
Poor Physical Health Days (mean # days in past 30)	2015		4.0	3.8-4.1	3.8	2.9	3.0
Poor Mental Health Days (mean # days in past 30)	2015		3.7	3.5-3.9	4.0	3.4	3.0
Live Births with Low Birth weight (% <2500 grams)	'08-'12		7.3%	6.4-8.1%	6.7%	5.6%	6.0%
Health Factors		15					
Health Behaviors: 30% weight in health factors ranking		14					
Current Smokers (% adults)*	2015		18%	17.2-18.6%	19%	13%	14%
Diet and Exercise:							
Adults with Obesity (% Body Mass Index ≥30)*	2013		35%	32.0-37.9%	28%	23%	26%
Healthy Food Environment Index (0 (worst) to 10 (best))	2014		7.2		7.4	7.9	8.4
No Physical Activity in Past 30 days† (% ages 20+)*	2013		25%	22.4-27.5%	20%	15%	19%
Access to Exercise Opportunities (% population)	'10,'14		37%		68%	84%	91%
Alcohol and Drug Use:							
Excessive Drinking in Past 30 Days (% adults)*	2014		16%	15.8-17.1%	20%	15%	12%
Alcohol-Impaired Driving Deaths (% deaths)	'11-'15		51%	44.8-56.7%	40%	0%	13%
High Risk Sexual Behavior:							
Newly Diagnosed Chlamydia Cases (# per 100,000 pop)	2014		228		265.8	129.0	145.5
Teen Birth Rate (per 1,000 females ages 15-19)	'08-'14		32	29-36	21	12	17
Clinical Care: 20% weight in health factors ranking		15					
Access to Care:							
Uninsured Adults (% ages <65)	2014		14%	13-16%	12%	10%	8%
Ratio of Population to Primary Care Physicians	2014		1764:1		900:1	630:1	1040:1
Ratio of Population to Dentists	2015		5111:1		1690:1	1160:1	1320:1
Ratio of Population to Mental Health Providers	2016		616:1		240:1	160:1	360:1
Quality of Care (for Medicare Enrollees):							
Preventable Hospital Stays (per 1,000 enrollees)	2014		60	54-66	47	34	36
Diabetic Monitoring (% diabetics who had HbA1c tested)	2014		88%	82-94%	89%	92%	91%
Mammography (% females ages 67-69)	2014		69%	62-75%	69%	75%	71%
Socio-Economic Factors: 40% weight in factors ranking		15					
Education:							
Ninth Graders who graduate in 4 years (%)	'14-'15		86%		87%	91%	95%
Some Post-Secondary Education (% ages 25-44)	'11-'15		55%	51-60%	65%	75%	72%
Unemployment (% ages 16+)	2015		6.6%		4.4%	3.4%	3.3%
Income:							
Children in Poverty (% ages <18)	2015		26%	20-32%	18%	11%	12%
Income Inequality (gap between lower/upper income)	'11-'15		4.6		4.6	4.0	3.7
Family & Social Support:							
Children in Single-Parent Households (% ages <18)	'11-'15		41%	34-47%	33%	28%	21%
Social (Membership) Associations (per 10,000 pop)	2014		10.9		11.2	14.9	22.1
Community Safety:							
Violent Crimes (# per 100,000 pop)	'12-'14		121		127	48	62
Injury Deaths (# per 100,000 pop)	'11-'15		83	72-94	70	60	53
Physical Environment: 10% weight in factors ranking		11					
Air and Water Quality:							
Daily Air Pollution (avg fine particulate matter density)	2012		7.4		7.4	6.5	6.7
Drinking Water Safety (1+ violations)	FY13/14		Yes		N/A	N/A	N/A
Housing and Transit:							
Severe Housing Problems (% households)	'09-'13		16%	14-18%	16%	13%	9%
Driving Alone to Work (% workforce)	'11-'15		80%	78-82%	78%	70%	72%
Commute 30+ Minutes (% workers who drive alone)	'11-'15		32%	30-35%	31%	18%	15%

* Ranking of Maine counties: 1 (Highest) to 16 (Lowest).

† Self-reported.

* Only 10% of counties throughout the US had better rates.

County Health Rankings® – 2014 vs. 2017 – Summary for Somerset County
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Measure	Somerset County 2017				Comparison - 2014 Rankings			
	Data Years	Rank* (1-16)	Rate	Error Margin	Data Years	Rank* (1-16)	Rate	Error Margin
Health Outcomes		12				15		
Length of Life: 50% weight in health outcomes ranking		12				12		
Premature Death (years of potential life lost before age 75 (per 100,000 pop))	'12-'14		7146	6268–8025	'08-'10		6977	6132–7822
Quality of Life: 50% weight in health outcomes ranking		13				16		
Poor or Fair Health (% adults)*	2015		16%	15.1–16.3%				<i>Changed how rate was estimated</i>
Poor Physical Health Days (mean # days in past 30)	2015		4.0	3.8–4.1				<i>Changed how rate was estimated</i>
Poor Mental Health Days (mean # days in past 30)	2015		3.7	3.5–3.9				<i>Changed how rate was estimated</i>
Live Births with Low Birth weight (% <2500 grams)	'08-'12		7.3%	6.4–8.1%	'05-'11		7.8%	6.9–8.7%
Health Factors		15				15		
Health Behaviors: 30% weight in health factors ranking		14				16		
Current Smokers (% adults)*	2015		18%	17.2–18.6%				<i>Changed how rate was estimated</i>
Diet and Exercise:								
Adults with Obesity (% Body Mass Index ≥30)*	2013		35%	32.0–37.9%	2010		34%	30.7–36.4%
Healthy Food Environment Index (0 (worst) to 10 (best))	2014		7.2		2011		7.4	
No Physical Activity in Past 30 days† (% ages 20+)*	2013		25%	22.4–27.5%	2010		28%	25.7–31.0%
Access to Exercise Opportunities (% population)	'10,'14		37%		'10,'12		28%	
Alcohol and Drug Use:								
Excessive Drinking in Past 30 Days (% adults)*	2014		16%	15.8–17.1%				<i>Changed how rate was estimated</i>
Alcohol-Impaired Driving Deaths (% deaths)	'11-'15		51%	44.8–56.7%	'08-'12		33%	
High Risk Sexual Behavior:								
Newly Diagnosed Chlamydia Cases (# per 100,000 pop)	2014		228		2011		202	
Teen Birth Rate (per 1,000 females ages 15–19)	'08-'14		32	29–36	'05-'11		37	33–40
Clinical Care: 20% weight in health factors ranking		15				14		
Access to Care:								
Uninsured Adults (% ages <65)	2014		14%	13–16%	2011		14%	12–16%
Ratio of Population to Primary Care Physicians	2014		1764:1		2011		1858:1	
Ratio of Population to Dentists	2015		5111:1		2012		5191:1	
Ratio of Population to Mental Health Providers	2016		616:1					<i>Data unavailable due to error</i>
Quality of Care (for Medicare Enrollees):								
Preventable Hospital Stays (per 1,000 enrollees)	2014		60	54–66	2011		68	62–75
Diabetic Monitoring (% diabetics who had HbA1c tested)	2014		88%	82–94%	2011		89%	82–95%
Mammography (% females ages 67–69)	2014		69%	62–75%	2011		73%	66–81%
Socio-Economic Factors: 40% weight in factors ranking		15				14		
Education:								
Ninth Graders who graduate in 4 years (%)	'14-'15		86%		'10-'11		78%	
Some Post-Secondary Education (% ages 25–44)	'11-'15		55%	51–60%	'08-'12		50%	46–55%
Unemployment (% ages 16+)	2015		6.6%		2012		9.8%	
Income:								
Children in Poverty (% ages <18)	2015		26%	20–32%	2012		26%	19–32%
Income Inequality (gap between lower/upper income)	'11-'15		4.6					<i>Not included until 2015</i>
Family & Social Support:								
Children in Single-Parent Households (% ages <18)	'11-'15		41%	34–47%	'08-'12		34%	28–39%
Social (Membership) Associations (per 10,000 pop)	2014		10.9					<i>Not included until 2015</i>
Community Safety:								
Violent Crimes (# per 100,000 pop)	'12-'14		121		'09-'11		99	
Injury Deaths (# per 100,000 pop)	'11-'15		83	72–94	'06-'10		70	60–80
Physical Environment: 10% weight in factors ranking		11				13		
Air and Water Quality:								
Daily Air Pollution (avg fine particulate matter density)	2012		7.4		2011		10.4	
Drinking Water Safety (1+ violations)	FY13/14		Yes					<i>Metric changed</i>
Housing and Transit:								
Severe Housing Problems (% households)	'09-'13		16%	14–18%	'06-'10		16%	14–18%
Driving Alone to Work (% workforce)	'11-'15		80%	78–82%	'08-'12		79%	77–81%
Commute 30+ Minutes (% workers who drive alone)	'11-'15		32%	30–35%	'08-'12		33%	30–36%

* Ranking of Maine counties: 1 (Highest) to 16 (Lowest)

*Self-reported